

## PROFESSIONAL SPA PROTOCOL

### Shea Butter Body Glow

This exfoliating body treatment captures the moisturizing power of Shea Butter, which was once a revered beauty secret of African natives. Lavish your guests with this exotic treasure that will soften and nourish skin like nothing else. Featuring Bath By Bettijo's award-winning **Sugar Body Polish** followed by a relaxing mini-massage with our luxurious **Whipped Shea Butter**.

#### PRODUCTS NEEDED (per treatment)

4 oz Sugar Body Polish (approximately 1/2 cup)

2 oz Whipped Shea Butter (approximately 1/4 cup)

Cost Per Treatment: \$5.98

#### CUSTOMIZATION

Let clients choose their spa experience. This treatment is available in a Soothing Lavender or Invigorating Citrus theme. **Lavender** - Use the *Lavender & Vanilla Sugar Body Polish* followed by *Lavender Cedarwood Whipped Shea Butter*. **Citrus** - Use the *Sweet Sugar + Shea Body Polish* followed by *Lemon Almond Whipped Shea Butter*.

#### TREATMENT STEPS

*Duration: Approximately 50 minutes*

1. Begin with guest face down. Warm some **Sugar Body Polish** in your hands before applying to guest's back and arms. Massage with a gentle circular motion. Check with guest to ensure pressure is comfortable. Continue applying body polish to guest's legs.
2. Using a warm, wet towel remove polish from back, arms and legs.
3. Turn guest over and repeat the procedure outlined above for arms, chest and legs. Ask guest if they are comfortable with their stomach being addressed. Take care to avoid sensitive areas.
4. If using hydrotherapy tub or shower, have guest soak for 10 minutes. Otherwise remove the remaining body polish with a warm, wet towels.
5. After assisting guest into shower and redressing the table, place the lotion in the hot towel cabinet to warm slightly but ensure lotion does not liquify.
5. Seal in moisture and nourish freshly exfoliated skin with a relaxing mini-massage using the **Whipped Shea Butter**. Start with guest face down and finish with guest facing up.

#### HOME FOLLOW-UP PRODUCTS

Guests can take the experience home with them and maintain their afterglow between spa visits by purchasing the retail sizes of the **Sugar Body Polish** and **Whipped Shea Butter** in your spa boutique.

Green is more than our favorite color. With the growing "going green" movement, guests are becoming savvier to healthy ingredients in their beauty products. Bath By Bettijo uses only high-quality natural and organic ingredients and absolutely no sulfates, parabens, formaldehyde or petrochemicals.

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