



bath by bettijo®

PROFESSIONAL SPA PROTOCOL

CocoaMint Spa Pedicure

Who doesn't love chocolate and pedicures? Bath By Bettijo's CocoaMint Spa Pedicure combines both pleasures into one guilt-free treat for feet. Raw Cocoa Butter and sugar give dry skin the boot, leaving feet soft and smooth. Next a delicious massage powered by raw Cocoa Butter, Meadowfoam Seed Oil, Organic Coconut Oil and Vitamin E to quench and soften tattered tootsies. Peppermint Essential Oil and Rosemary Extract deodorize and rejuvenate, putting extra pep in their step.

PRODUCTS NEEDED (per treatment)

- 1 oz Fresh Foot Forward Sea Salt Foot Soak (approximately 2 tablespoons)
- 1 oz CocoaMint Fresh Foot Scrub (approximately 2 tablespoons)
- 1/2 oz CocoaMint Tingling Foot Cream (approximately 1 tablespoons)

Cost Per Treatment: \$2.27

TREATMENT STEPS

Duration: Approximately 30 minutes

1. Add **Foot Soak** to warm foot bath and have guest soak feet for 3-5 minutes.
2. Beginning with the left foot, remove polish from toes and replace in foot bath. Repeat with right foot.
3. Remove left foot from bath and pat dry. Spread on **Foot Scrub** and massage vigorously focusing on heels and callused areas. Use a pumice stone where necessary. Rinse and pat dry. Repeat with right foot.
4. File, clip and cut cuticles as usual.
5. Apply an even layer of **Foot Cream** to feet and wrap in warm, damp towels.
6. While feet are wrapped, massage **Foot Cream** into each leg for 3 minutes per leg.
7. Remove warm towels and massage feet with **Foot Cream**.
8. Before applying polish thoroughly clean nail area with alcohol or acetone so polish will adhere properly.
9. Polish nails and let dry.

HOME FOLLOW-UP PRODUCTS

Guests can take the experience home with them and maintain soft feet with the **CocoaMint Foot Scrub, Wooden Foot File, CocoaMint Foot Cream** and **Moisture Therapy Socks** purchased in your spa boutique.

Green is more than our favorite color. With the growing "going green" movement, guests are becoming savvier to healthy ingredients in their beauty products. Bath By Bettijo uses only high-quality natural and organic ingredients and absolutely no sulfates, parabens, formaldehyde or petrochemicals.

Bath By Bettijo

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