













redbook road test

cheryl checks it out: masks



Is it possible to achieve radiant skin, fuller lips, and softer hair—all in 10 minutes or less? REDBOOK's beauty director un.masks the truth.

As a beauty-obsessed teenager, I always thought that masks—oh, and especially *masques*—were not only the epitome of pampering, but also some sort of gateway to being a grown-up. Shiny hair, glowing skin, detoxed pores? I wanted them all! Twenty years later (and nearly a full-fledged adult), I still love the pampering ritual, so I tried out six of the latest entries in the mask market.

▼ THE MASK	▼ OOH, PRETTY!	▼ WHAT'S IN IT?	▼ W
 <p>PureOlogy NanoWorks Restorative Hair Treatment, \$45</p>		<p>Hair-strengthening vegetable proteins and a patented AntiFade Complex to protect color.</p>	<p>After hair... And r... vibrat... just g</p>
 <p>Too Faced Lip Injection Mask, \$27.50</p>		<p>Vitamins A and E, aloe vera, and capsaicin—the ingredient that makes chili peppers hot.</p>	<p>Oh, tl... were... hour... of my conta... Apply</p>
 <p>Freeman Feeling Beautiful Avocado & Oatmeal Facial Clay Mask, \$4</p>		<p>Oil-absorbing kaolin and bentonite clays, plus calming oatmeal and hydrating avocado.</p>	<p>This n... from... to Bic... it doe... pore-... witho</p>
 <p>Bath by Bettijo Mudder Nature Detoxifying Spa Mud, \$48</p>		<p>French green-and-pink clays, jojoba, and a mystery cooling ingredient.</p>	<p>You can apply this mask anywhere and everywhere (I used it on my arms and legs), and in 10 minutes, it'll make your parts soft and "awake"—my skin was tingling!</p>
 <p>Gena SpaCaviar Hand Mask, \$12</p>		<p>Caviar, dahling! Plus green tea, grapeseed extract, and spot-lightening mulberry.</p>	<p>The Elmer's Glue folks should watch out: This mask delivers an immensely satisfying peel-off experience. Not to mention how it made my hands sweet-smelling and totally touchable.</p>
 <p>Givenchy Black For Light Mask, \$80</p>		<p>Vitamins A, B, and C to speed cell turnover and slow melanin production.</p>	<p>A black mask—what could be more chic? I loved the luxurious application brush and how the mask left my skin looking smooth and even.</p>

